



## Oceanside BLT

### COVID-19 Frequently Asked Questions

Have a question?	We've got answers!
<p><b>There are so many policies and protocols for COVID-19!</b></p> <p><b>What do I really need to know before returning to OBLT programs?</b></p>	<ul style="list-style-type: none"> <li>• Book on-line at <a href="https://www.rdn.bc.ca/recreation">https://www.rdn.bc.ca/recreation</a> or by calling 250-248-3252</li> <li>• Do not attend if you or your child are unwell, showing symptoms of COVID-19 or have been told to self isolate or quarantine</li> <li>• Adults <b>must</b> wear masks during programming unless not medically able to.</li> <li>• Handwashing and hand sanitizing to be done at a minimum upon entering and leaving the program</li> <li>• Maintain 6 ft physical distancing when possible</li> <li>• We do encourage you to read our COVID-19 Safety Plan found on our website so you're aware of the protocols OBLT has in place to keep participants and staff/volunteers safe</li> <li>• Please watch for updates on our website <a href="http://www.oblt.ca">www.oblt.ca</a> and our Facebook, Instagram and Twitter pages.</li> </ul>
<h4>Attending OBLT Programs</h4>	
<p><b>Can I drop in to Munchkinland, or other OBLT programs?</b></p>	<p>No – we now have a reservation system that you can access by <a href="https://www.rdn.bc.ca/recreation">https://www.rdn.bc.ca/recreation</a> or by calling 250-248-3252.</p>
<p><b>Do I still have to register my child?</b></p>	<p>Yes – you will still need to complete a registration form as well as a COVID-19 Assumption of Risk and Permission Form. These can be found on our website. If you've already registered your child, please complete the Annual Information Update Form found on our website.</p>
<p><b>What are you doing to make Munchkinland a safe environment?</b></p>	<p>We've implemented many things:</p> <ul style="list-style-type: none"> <li>• Booking system to ensure programs aren't overcrowded and for contact tracing</li> <li>• Enhanced outdoor space to encourage adults and their children to play outside</li> <li>• Anyone that is not well, will not be able to attend programs</li> <li>• Everyone will use hand sanitizer before entering the programs.</li> <li>• Handwashing and sanitizing stations available throughout facility</li> <li>• <b>All</b> adults will be required to wear masks or shields while attending OBLT programs</li> <li>• Sessions are one hour long with an hour in-between for disinfecting.</li> <li>• Toys and play areas will be disinfected between sessions and rotated out of service for 24-48 hours when able</li> </ul>

Have a question?	We've got answers!
	<ul style="list-style-type: none"> <li>• Our COVID-19 Safety Plan can be viewed on our website.</li> </ul>
<b>I can't wear a mask due to a medical condition – can I still attend an OBLT program?</b>	Yes – you can still attend although you will need to maintain physical distancing of at least 6 feet (2 metres) from anyone and ensure you practice good hand and respiratory hygiene.
<b>Does my child have to wear a mask?</b>	This is your choice. Children are not required to wear a mask, however, if your child is over two years of age there is no problem if you would like them to wear one. If while attending, your child starts to display symptoms, please have a mask available for immediate use.
<b>I disagree about masks being worn in the early learning programs.</b>	Parents can choose to register their children in our programs where masks are mandatory for adults, or participate in our on-line programming. Please check the website for more information.
<b>Will Stone Soup Kitchen still be providing snacks?</b>	Unfortunately, we can not serve food like we used to. However, takeaway snacks will be offered on certain days. We encourage you to bring a snack for your child if needed, and to bring your own water bottle/coffee.
<b>Do adults have to wear a mask even when we're outside or attending the WOW Bus or the Wednesday Outdoor program?</b>	Yes. We are being consistent throughout our programs, that all adults must wear a face mask while attending OBLT programs.
<b>Is the WOW Bus going to be operating this year?</b>	<p>Absolutely! We will be focusing on outdoor play as we are with our other early learning programs.</p> <p>Please keep checking our website and Facebook pages for updates.</p>
<b>Attending TLC</b>	
<b>I have a problem with using my iPad. Can I come to TLC?</b>	<p>Yes – you must reserve a spot on-line at <a href="https://www.rdn.bc.ca/recreation">https://www.rdn.bc.ca/recreation</a>. If you are well and wear a mask, we look forward to helping you!</p> <p>If you can't come in to TLC but have a question, please email <a href="mailto:tlc@sd69.bc.ca">tlc@sd69.bc.ca</a> and someone will be happy to help you.</p>
<b>Will the BLT2Go bus be operating?</b>	At this point, no decision has been made because of the difficulty in social distancing in the van. We are trying to find an indoor venue to hold the sessions. Please keep checking for updates on our website and Facebook page.
<b>I don't like to wear a mask. Can I still attend TLC?</b>	Participants can choose to reserve a spot in our TLC program at Family Place where masks are mandatory, or participate in our on-line programming. Please check the website and TLC Facebook page for more information.
<b>Will the classroom be full?</b>	No. We've limited each session to 4 participants. The workstations are well spaced out.

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<b>OBLT and COVID-19</b>	
<b>I returned home from Europe 15 days ago – am I allowed to attend TLC?</b>	Yes – if you have self isolated for 14 days, are free of symptoms and well, you are welcome to return.
<p><b>There are so many terms around self isolation!</b></p> <p><b>What is the difference between self monitoring, quarantining and isolating?</b></p> <p>Source: <a href="http://www.bccdc.ca">www.bccdc.ca</a></p>	<p><b>Self Monitoring</b> means you should be monitoring your health and the health of your children for symptoms such as fever, cough or difficulty breathing. Individuals who are self-monitoring are allowed to attend work and school and take part in regular activities.  <a href="http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation">http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation</a></p> <p><b>Quarantine (self-isolate)</b> for 14 days if you have no symptoms and any of the following apply: you are returning from travel outside of Canada (mandatory quarantine), you had close contact with someone who has or is suspected to have COVID-19, or you have been told by the public health authority that you may have been exposed and need to quarantine.</p> <p>You must <b>isolate</b> if any of the following apply: you have been diagnosed with COVID-19 or are waiting to hear the results of a lab test for COVID-19, you have symptoms of COVID-19, even if mild, you have been told by public health that you may have been exposed to COVID-19, or you have returned from travel outside Canada with symptoms of COVID-19 (mandatory).</p>
<b>I can't tell if my child has a cold or COVID-19. What should I do?</b>	<ul style="list-style-type: none"> <li>If a parent, caregiver or staff member is unsure if they or a child should self-isolate, they should be directed to use the <a href="#">BC COVID-19 Self-Assessment Tool</a>, contact 8-1-1 or the local public health unit. They can also be advised to contact a family physician or nurse practitioner to be assessed for COVID-19 and other respiratory diseases.</li> </ul>
<b>What if there is an Outbreak at OBLT?</b>	<ul style="list-style-type: none"> <li>If an outbreak occurs, all operations will be suspended, with additional measures of deep cleaning prior to any person entering the building.</li> <li>OBLT will continue to follow the guidance of the local Provincial Health Officer in the event of a workplace outbreak.</li> <li>Updates will be posted on OBLT's website and social media to advise when programs resume</li> </ul>
<b>I had COVID-19 and am symptom free – can I return to OBLT programs?</b>	Follow up testing might not always an option. When in doubt, check with HealthLink BC at 811 or your healthcare provider for advice.

<b>Have a question?</b>	<b>We've got answers!</b>
<b>Are staff trained in COVID-19 protocols?</b>	Yes – all staff and volunteers have been trained in COVID-19 protocols including how to disinfect surfaces.
<b>Getting Information on COVID-19</b>	
<b>Parenting is made even more difficult during COVID-19! What can I do?</b>	<p>BC Centre for Disease Control has a great page with links to mental health resources for adults, children, teens, health care workers, etc.</p> <p><a href="http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/mental-well-being-during-covid-19">http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/mental-well-being-during-covid-19</a></p>
<b>There are a lot of different news sources out there – where is a reliable source of information?</b>	<p>The BC Centre for Disease Control has a wide variety of topics and up to date information. We encourage everyone to use trusted, verified sites to get their information.</p> <p><a href="http://www.bccdc.ca/health-info/diseases-conditions/covid-19">http://www.bccdc.ca/health-info/diseases-conditions/covid-19</a></p>